

# Wayne Highlands Middle School

## December Lunch Menu



### Options

Served Daily:  
Triple Decker Peanut Butter and Jelly  
Cheese Pizza  
Chicken Patty Sandwich

### The Deli

Monday- Italian Hoagie  
Tuesday- Buffalo Chicken Wrap  
Wednesday- Turkey and Cheese Sandwich  
Thursday Ham & Cheese Sandwich  
Friday- Tuna Salad

### The Garden

Monday- Breaded Buffalo Chicken Salad  
Tuesday- Breaded Chicken Caesar  
Wednesday- Chef Salad  
Thursday- Turkey Salad  
Friday- Ham Salad  
All Salads come with Dinner roll(s)

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>Macaroni and Cheese</b> Slice Of Bread Steamed Carrots Juicy Pears Low Fat Milk	2 <b>Pork Patty and Gravy</b> Slice Of Bread Mashed Potatoes Mandarin Oranges Low Fat Milk	3 <b>Buffalo Chicken Alfredo</b> Slice Of Bread Seasoned Broccoli Applesauce Low Fat Milk	4 <b>Italian Dunkers</b> Sweet Peas Mandarin Oranges Low Fat Milk
7 <b>Beef Nachos &amp; Shredded Cheese</b> Rice Refried Beans Pineapple Tidbits	8 <b>Buffalo Chicken Grilled Cheese</b> Tater Tots Applesauce Low Fat Milk	9 <b>BBQ Rib Sandwich</b> Mixed Vegetable Pineapple Tidbits Low Fat Milk	10 <b>Popcorn Chicken Bowl</b> Slice Of Bread Mashed Potatoes Juicy Peaches Low Fat Milk	11 <b>Pepperoni Pinwheel</b> Steamed Carrots Mandarin Oranges Low Fat Milk
14 <b>Chicken Patty Sandwich</b> Tater Tots Peaches Low Fat Milk	15 <b>Bacon Cheese Burger</b> Steamed Carrots Applesauce Low Fat Milk	16 <b>General Tso's Chicken Bowl</b> Rice Steamed Broccoli Pineapple Tidbits Low Fat Milk 12:30 Dismissal	17 <u><b>Christmas Dinner</b></u> <b>Tukey Dinner</b> Dinner Roll Mashed Potatoes Stuffing Apple Crisp Low Fat Milk	18 <b>Pizza Sticks</b> Green Beans Mandarin Oranges Low Fat Milk
21 <b>Chicken Tenders</b> Slice of Bread French Fries Strawberries Low Fat Milk	22 <u><b>Taco Tuesday!</b></u> <b>Crunchy Beef Tacos</b> Rice Refried Beans Pineapple Tidbits Low Fat Milk	23 <u><b>Brunch For Lunch</b></u> <b>French Toast Sticks</b> Sausage Potato Rounds Apple Crisp Low Fat Milk	24	25 MERRY CHRISTMAS

Food Service Director: Ryne Spaulding  
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Phone: 570-253-6083

### Accompaniments

\*Must take at least one 1/2 cup of fruit or vegetable

\*Alternate vegetable options may include:

Broccoli Florets  
Baby Carrots  
Dark Leafy Greens  
Legume Salads  
Celery & Cucumber

\*Alternate Fruit options may include:

Crisp Apple  
Sliced Peaches  
Mixed Fruit  
Fresh Orange  
Banana  
Pineapple Tidbits  
Diced Pears  
Applesauce



**Milk Choices Offered Daily:**  
1% white, non-fat white, non-fat flavored

Proud to manage your food service program



**Lunch Prices: Paid \$2.85 Reduced \$4.00**

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

**MENUS SUBJECT TO CHANGE**